EiP
EXCELLENCE
IN PEDIATRICS
INSTITUTE

17th EXCELLENCE IN PEDIATRICS CONFERENCE

EiP2025

PARIS, 4-6 DECEMBER 2025

CONFERENCE PROGRAM



OPENING SESSION (PLE1)

09:00 - 11:00 Hall **A**

Keynote Plenary Lectures



Sir Terence Stephenson

UCL GOS Institute of Child Health (UK)

Leadership and Ethics in Modern Healthcare

This presentation explores the vital role of ethical leadership in shaping patient outcomes, upholding professional integrity, and building institutional trust. It examines key regulatory challenges, including governance gaps, patient safety concerns, and evolving accountability standards. Attendees will gain practical strategies for effective leadership across multidisciplinary teams, equipping them to navigate complex healthcare environments and drive ethical, high-quality care.



Mihaela van der Schaar

University of Cambridge (UK)

AI in Medicine: From Promise to Practice – What Clinicians Should Expect Next

This presentation unpacks the complexity of applying AI in medicine, highlighting challenges such as diagnostic uncertainty, incomplete data, and difficult-to-define outcomes. It emphasises the need for "clinician-ready" systems—AI tools that clearly explain their predictions, support risk assessment, minimise bias, and complement clinical reasoning. Attendees will explore validated applications that enhance diagnosis, treatment planning, and healthcare delivery without replacing clinicians.



Laura Reali

President, European Confederation of Primary Care Pediatricians

The Exposome and the First 1000 Days: Shaping Lifelong Health from Conception

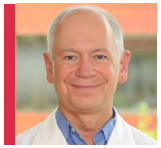
This session explores how health and developmental trajectories in the critical first 1000 days of life profoundly influence lifelong health. Focusing on the exposome—the cumulative effect of environmental exposures—the talk will highlight why early, strategic interventions are essential. Attendees will gain insight into how factors like particulate matter exposure in early life are linked to conditions such as asthma, and look at innovative approaches to safeguard health for future generations.

11:00 - 11:30 **Coffee Break**

DERMATOLOGY (DE1)

11:30 - 13:30 Hall A

Lectures & interactive discussion



Latest Advances in Pediatric Dermatology: Infections and Infestations

Jan Izakovic
Basel University Children's Hospital (CH)

This presentation reviews the latest updates in managing pediatric skin infections and infestations. Topics include evolving pathogens, antimicrobial resistance, and practical diagnostic techniques. Through real-world examples, participants will enhance their ability to recognise and treat common and emerging bacterial, viral, fungal, and parasitic conditions affecting children's skin in both outpatient and hospital settings.



Latest Advances in Pediatric Dermatology: Chronic Inflammatory Disorders

Karolina Vorcakova
Comenius University in Bratislava (HR)

Gain a comprehensive update on chronic inflammatory skin disorders in children. The presentation explores advances in understanding disease mechanisms, new treatment options, and patient-centered care strategies. Designed for clinicians, this update helps Optomise long-term management and improve outcomes for children with persistent or relapsing inflammatory skin conditions.



Diagnostic Dilemmas: Challenging Pediatric Dermatology Cases

Barbara Kunz
Dermatologikum Hamburg (DE)



Dirk van Gysel
O.L.Vrouw Hospital Aalst (BE)

This interactive session presents challenging pediatric dermatology cases that require careful clinical reasoning and multidisciplinary insight. Participants will explore rare diagnoses, unusual presentations, and treatment-resistant conditions. Case-based discussions will highlight diagnostic pitfalls and emerging therapies, providing valuable tools and takeaways for clinicians managing complex or uncertain dermatologic conditions in everyday pediatric practice.

INFECTIOUS DISEASES (INF1)

11:30 - 13:30 Hall B

Lectures & interactive discussion



Infectious Diseases 2025 Review: Practical Insights for Pediatricians

Elizabeth Whittaker
Imperial College London (UK)

This presentation highlights the most important research and clinical advances in pediatric infectious diseases in 2025. Attendees will learn to apply the latest evidence-based guidelines to improve diagnosis, treatment, and prevention strategies in daily practice. The session will also address emerging infectious threats and trends, equipping clinicians with proactive approaches to future challenges in pediatric care.



New Approaches To Diagnosis For Infectious Diseases In Children

Aubrey Cunnington
Imperial College London (UK)

This presentation examines the evolving landscape of infectious disease diagnostics in pediatrics. It highlights the limitations of traditional diagnostic methods and explores the strengths and constraints of modern molecular techniques. Attendees will also gain awareness of emerging diagnostics based on host response biomarkers, offering new possibilities for more accurate and timely detection of infectious conditions in children.

Antimicrobial Stewardship in Children: Rethinking Prescribing in an Era of Resistance

Speaker to be announced

This presentation focuses on the critical role of antimicrobial stewardship in pediatric care amid rising resistance and changing prescribing guidelines. Attendees will explore current evidence on optimising antibiotic use in common pediatric infections, understand drivers of overprescription, and learn practical strategies to implement stewardship in various clinical settings—improving outcomes while preserving the effectiveness of existing antimicrobial therapies.

11:30 - 13:30 Hall C **Oral Presentations**

13:30 - 14:30 **Lunch Break**

GASTROENTEROLOGY (GAS1)

14:30 - 16:30 Hall **A**

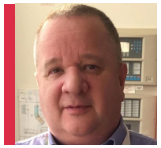
Lectures & interactive discussion



Pharmacological Treatment for Children with Constipation: Present and Future

Marc Benninga
University of Amsterdam (NL)

This presentation offers an in-depth overview of functional constipation in children, focusing on diagnosis using the Rome criteria and the importance of non-invasive assessment. It explores comprehensive management strategies, including the integration of laxatives with lifestyle modifications, bowel diaries, and toilet training. Attendees will also examine emerging therapies, current research gaps, and future directions for improving long-term outcomes.



Advances in the Diagnosis and Management of Pediatric IBD (Crohn's and Ulcerative Colitis)

Mark Beattie
University of Southampton (UK)

This presentation highlights recent advances in the diagnosis and management of pediatric inflammatory bowel disease (IBD). Attendees will explore the use of non-invasive biomarkers and imaging tools for early detection and monitoring, review evidence supporting earlier use of biologics and personalised treatment approaches, and examine emerging research on the gut microbiome and dietary interventions such as the Crohn's Disease Exclusion Diet.



The Microbiome and Functional GI Disorders

Arine Vlieger
St. Antonius Hospital Nieuwegein (NL)

This presentation reviews emerging evidence linking gut dysbiosis to functional gastrointestinal disorders (FGIDs) in children, such as IBS and functional abdominal pain. Attendees will explore updated data on strain-specific probiotics and the Low FODMAP diet for symptom relief and microbiome modulation. The session also examines how gut microbiota influences the gut-brain axis, affecting mood, pain, and stress responses.

INFECTIOUS DISEASES (INF2)

14:30 - 16:30 Hall **B**

Lectures & interactive discussion



Practical Insights from the Latest Serosurveillance Study in the Netherlands

Lieke Sanders
National Institute for Public Health and the Environment (RIVM) (NL)

This presentation explores the design and findings of the latest serosurveillance study conducted in the Netherlands, highlighting its value in guiding infectious disease control. Attendees will examine how seroprevalence data shapes public health strategies and vaccination policies, and gain practical insights on how similar approaches can be applied to strengthen disease monitoring and response in other health systems.



RSV and Pneumococcus: Understanding the Viral–Bacterial Synergy in Pediatric Respiratory Disease

George Syrogiannopoulos
University of Thessaly (GR)

This presentation explores the evidence on how Respiratory Syncytial Virus (RSV) infection increases the risk of secondary pneumococcal disease in infants and young children. With new RSV immunization strategies in place, understanding the interaction between these pathogens is essential for clinical decision-making. The session will examine biological mechanisms, clinical implications, and future directions for integrated prevention strategies.

RSV Prevention in the First 24 Months

Speaker to be announced

This presentation highlights the continued burden of RSV in children aged 6 to 24 months, a population often overlooked in current prevention strategies. Attendees will review recent data on morbidity and hospitalisations beyond infancy and explore emerging approaches—such as extended monoclonal antibody protection and maternal vaccine timing—to close the gap in RSV prevention during the critical second year of life.

TECHNOLOGY (TEC1)

14:30 - 16:30 Hall **C**

Lectures & interactive discussion



Innovations in Pediatric Care: Practical Solutions Transforming Everyday Practice

Colin Michie
University of Central Lancashire (UK)

This dynamic session showcases five cutting-edge innovations designed to solve real-world challenges in pediatric healthcare. From digital tools and medical devices to therapeutic technologies, each 15-minute presentation highlights a practical solution with demonstrated clinical impact. Attendees will gain insights into how these innovations are improving care delivery, enhancing patient experience, and supporting pediatric teams in diverse healthcare settings.

16:30 - 17:00 **Coffee Break**

ENDOCRINOLOGY (END1)

17:00 - 19:00 Hall A

Lectures & interactive discussion

Growth Disorders and New Therapeutic Options

Christiaan de Bruin
Leiden University Medical Center (NL)

This presentation provides a comprehensive update on the early detection, diagnosis, and treatment of pediatric growth disorders. Attendees will explore new screening strategies and diagnostic algorithms, including the role of genetic testing in conditions like GH deficiency, Turner syndrome, and ISS. The session also reviews emerging therapies—such as long-acting GH and non-GH-based treatments—now entering clinical use in pediatric care.



Early Puberty, Delayed Puberty, and Gender-Affirming Care

Daniel Klink
ZAS Queen Paola Children´s Hospital Antwerp (BE)

This presentation explores evolving trends in the timing of puberty, examining how environmental, nutritional, and psychosocial factors contribute to both early and delayed onset. Attendees will review evidence-based approaches to diagnosis and treatment, including the use of GnRH analogs and hormone therapy. The session also offers guidance on gender-affirming care and integrating psychosocial support with medical management.



Pediatric Obesity and Metabolic Syndrome – What's New and Clinically Relevant

Edgar Van Mil
Jeroen Bosch Hospital & Maastricht University (NL)

This presentation explores the evolving management of pediatric obesity, highlighting growing evidence and guideline-supported use of GLP-1 receptor agonists in adolescents with moderate to severe obesity. Attendees will examine the shift toward personalised, multidisciplinary care integrating behavioral, nutritional, and pharmacologic interventions. The session also presents updated screening recommendations to support early detection of metabolic risk.

OTOLARYNGOLOGY (ENT1)

17:00 - 19:00 Hall B

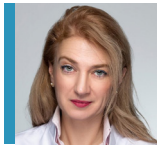
Lectures & interactive discussion



Advances in the Management of Otitis Media and Hearing Loss

Mehmet Umut Akyol
Hacettepe University (TR)

This presentation highlights recent advances in diagnosing and managing otitis media in children. Attendees will explore new tools for distinguishing acute otitis media from otitis media with effusion and identifying children at higher risk for recurrence. The session also covers updated antibiotic guidelines, emerging non-antibiotic therapies, and advances in hearing screening and support technologies.



New Approaches To Diagnosis For Infectious Diseases In Children

Dilyena Vicheva
Medical University - Plovdiv (BG)

This presentation provides an up-to-date overview of pediatric chronic rhinosinusitis (CRS), focusing on advances in diagnosis and classification through endotyping to better understand underlying inflammatory patterns. Attendees will explore new evidence for non-invasive therapies, including nasal corticosteroids, irrigation techniques, and emerging biologics. The session also clarifies referral criteria and the evolving role of surgery and multispecialty management in complex cases.



Pediatric Voice, Swallowing, and Speech Disorders

Faruk Unal
American Hospital - Koç University (TR)

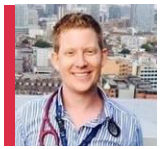
This presentation highlights new research and clinical advances in the early detection and management of pediatric voice, speech, and swallowing disorders. Attendees will explore validated tools and protocols for identifying issues in high-risk groups, including NICU graduates and children with neurological or syndromic conditions. The session also covers updated approaches to diagnosing voice disorders and evidence-based strategies for multidisciplinary dysphagia care.

17:00 - 19:00 Hall C **Oral Presentations**

NUTRITION (NUT1)

09:00 - 11:00 Hall **A**

Lectures & interactive discussion



Update on Allergies and Eosinophilic GI Conditions

Ed Gaynor
Great Ormond Street Hospital (UK)

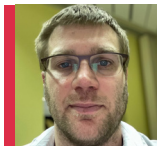
This presentation highlights updated clinical guidelines and the rising recognition and diagnosis of conditions like Eosinophilic Esophagitis (EoE) and FPIES. It reviews recent advances in treatment, including biologics for EoE, dietary strategies, and topical steroids. Attendees will also examine the latest evidence supporting early, diverse allergen introduction as a preventive measure for IgE and non-IgE-mediated conditions.



Disease-Associated Malnutrition in Pediatrics: Rethinking Assessment and Treatment

Koen Joosten
Sophia Children's Hospital (NL)

This presentation examines recent advances in identifying malnutrition and sarcopenia in hospitalised and chronically ill children, using integrated tools like anthropometrics, physical exams, and functional markers. It explores how nutritional assessments guide support strategies and post-discharge goals. Attendees will also review evidence on intermittent vs. continuous feeding, blended diets, and practical approaches to improve enteral nutrition outcomes.



The Role Of Specific Nutrients In Cognitive Trajectories

Koen Huysentruyt
Universitair Ziekenhuis Brussel (BE)

This presentation evaluates clinical evidence linking key nutrients—LCPUFAs, iron, choline, and vitamin D—to neurodevelopmental processes like synaptogenesis and myelination. It analyses how these nutrients influence long-term cognitive function across the lifespan and examines their effects on memory, attention, and executive function, drawing on emerging research findings and recent clinical studies to support evidence-based nutritional strategies.

NEONATOLOGY (NEO1)

09:00 - 11:00 Hall **B**

Lectures & interactive discussion



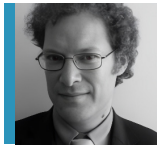
Roland Hentschel
University Hospital Freiburg (DE)

Hot Topics in Neonatology: Recent Achievements in Diagnostics and Therapy



Torsten Uhlig
Klinikum Rosenheim (DE)

This presentation reviews best practices in six key areas of neonatal care: antibiotic use, C-reactive protein, blood transfusion, RSV immunisation, seizure management, and AI applications. Attendees will examine findings from recent clinical trials, including safety and outcome data, and explore the latest evidence from scientific literature to inform and improve everyday neonatal clinical decision-making.



Impact Of Country Of Origin On The Outcome Of Early Preterm Infants

Andrei Morgan
Center for Epidemiology and Statistics Research Paris Cité (CRESS) (FR)

This presentation explores how an infant's country of origin can influence outcomes following early preterm birth, drawing on international perinatal data and comparative epidemiology. It will examine the interplay of healthcare systems, socioeconomic context, and maternal migration on survival, morbidity, and access to care—highlighting implications for improving equity in neonatal outcomes across diverse populations.

09:00 - 11:00 Hall **C** — **Oral Presentations**

11:00 - 11:30 — **Coffee Break**

EMERGENCY PEDIATRICS (EME1)

11:30 - 13:30 Hall A

Lectures & interactive discussion



The Devil Is In The Detail - Why Applying Guidelines Is Hard

Damian Roland
University of Leicester (UK)

This presentation examines how clinical evidence is translated into practice, with a focus on the challenges of guideline implementation in children's emergency care. Attendees will explore models of evidence uptake, analyze real-world case studies highlighting barriers to adherence, and gain practical strategies to improve the integration of clinical guidance into frontline pediatric emergency settings.



Trends In Emergency Department Presentations Since COVID

Lea Lenglart
Hôpital Robert Debré (FR)

This presentation introduces the EPISODES study, exploring its origins and development in the context of post-pandemic pediatric care. Attendees will gain insight into the evolving theory of 'immune debt' and how it relates to patterns of Emergency Department presentations since COVID-19. The session will also examine recent European trends and their implications for future policy and research.



The Children Who Define Us

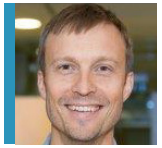
Caroline Ponmani
BHR University NHS Trust (UK)

This presentation reflects on the unique challenges and rewards of pediatric practice, focusing on the art of identifying seriously ill children among many with mild illness. Through powerful clinical stories, attendees will be reminded of the value of careful observation and examination—and of the joy, wonder, and inspiration that define a pediatrician's everyday encounters with children.

PULMONOLOGY WORKSHOP (PUL1)

11:30 - 13:30 Hall B

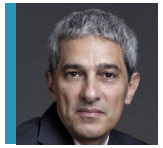
Lectures & interactive discussion



Asthma Inception And Trajectory Throughout the Lifecourse

Erik Melen
Karolinska (SE)

This presentation explores the complex landscape of pediatric asthma, focusing on its diverse clinical phenotypes and underlying endotypes shaped by genetic, environmental, and immunological factors. Attendees will learn how personalised, biomarker-guided treatment strategies—including biologics and targeted therapies—can improve outcomes. The session also covers adaptive follow-up and monitoring approaches to optomise control and reduce long-term respiratory risks.



Monitoring Asthma In Children

Nikos Papadopoulos
University of Athens (GR)

This presentation focuses on evidence-based strategies for monitoring pediatric asthma to ensure effective, individualised care. Attendees will learn how to assess symptoms, lung function, treatment adherence, and biomarkers, and how to apply validated tools and digital health solutions to detect early deterioration. The session also highlights how tailored, ongoing monitoring can optimize outcomes and reduce exacerbation risks.



Childhood Lung Function Trajectories: Implementation At Clinical And Population Level

Adnan Custovic
Imperial College London (UK)

This presentation examines how early-life lung development shapes long-term respiratory health and highlights the importance of monitoring lung function trajectories to identify at-risk childraen. Attendees will learn to apply standardised tools like GLI reference equations in clinical practice and explore how integrating spirometry trends into care can support personalised interventions and inform broader respiratory health policies across the lifecourse.

11:30 - 13:30 Hall C **Oral Presentations**

13:30 - 14:30 **Lunch Break**

NEONATOLOGY (NEO2)

14:30 - 16:30 Hall **A**

Lectures & interactive discussion



Optimal Cord Management in Global Health Settings

Heike Rabe
Brighton and Sussex Medical School (UK)

This presentation examines the potential benefits of optimal cord management for both preterm and term infants, emphasising how the timing of cord clamping can influence neonatal outcomes across care settings. Attendees will review and clarify common misconceptions and perceived barriers to adoption. The session also outlines practical strategies for implementing cord management practices, including resource-limited or high-demand environments.



What is New in Bronchopulmonary Dysplasia (BPD) therapy?

Oliver Danhaive
Saint-Luc University Clinics (BE)

This presentation provides an in-depth update on bronchopulmonary dysplasia (BPD), tracing its evolving definitions from phenotypes to endotypes and examining emerging biomarkers that aid diagnosis and risk stratification. Attendees will explore novel therapeutic approaches, including cell-based therapies, and learn about the multidisciplinary care required to manage severe BPD and its comorbidities, while considering its long-term impact across the lifespan.



What a Pediatrician Should Know About Infant Pharmacology!

Karel Allegaert
KU Leuven (BE) & Erasmus MC Rotterdam (NL)

This presentation explores the unique aspects of pharmacotherapy in infancy, focusing on developmental pharmacokinetics and pharmacodynamics during this critical period. Attendees will gain insight into how infant (patho)physiology affects drug absorption, distribution, metabolism, and response. The session also highlights the complexity of drug development in this population and the need for age-specific research to ensure safe and effective treatments.

DERMATOLOGY (DER2)

14:30 - 16:30 Hall **B**

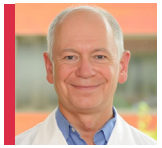
Interactive Workshop



Barbara Kunz
Dermatologikum Hamburg (DE)



Dirk van Gysel
O.L.Vrouw Hospital Aalst (BE)



Jan Izakovic
Basel University Children's Hospital (CH)



Karolina Vorcakova
Comenius University in Bratislava (HR)

A Practical Approach and First-Line Treatment of Common Dermatoses in Childhood

This interactive workshop provides a practical framework for recognising and managing common skin conditions in children. Participants will learn how to identify typical clinical features, choose appropriate first-line treatments, and offer clear guidance to families. Emphasis is placed on real-world strategies that can be applied in primary and specialist care to improve patient outcomes.

NUTRITION/ ALLERGIES (NUT2)

14:30 - 16:30 Hall **C**

Interactive Workshop



Leanne Goh
Great Ormond Street Hospital (UK)



Ed Gaynor
Great Ormond Street Hospital (UK)

Practical Management of Food Allergies in Children

This hands-on workshop focuses on the real-world management of food allergies in pediatric practice. Attendees will learn to recognise common presentations, navigate diagnostic challenges, and implement evidence-based prevention, treatment, and emergency preparedness strategies. The session empowers clinicians to provide safe, confident, and family-centered allergy care across all settings through case discussions and practical tools.

16:30 - 17:00 **Coffee Break**

GENETICS WORKSHOP (GEN1)

17:00 - 19:00 Hall **A**

Interactive Workshop & Lecture



Paul Gissen
Great Ormond Street Hospital (UK)



Megan Keating
Great Ormond Street Hospital (UK)



Rebecca Whiteley
Great Ormond Street Hospital (UK)

Childhood Dementias: Early Recognition, Collaboration, and Emerging Therapies

This presentation highlights the importance of coordinated, multidisciplinary care in managing inherited metabolic disorders. Attendees will explore the collaborative roles of healthcare professionals across specialties, strategies for supporting the emotional and the practical needs of patients and families, and best practices for long-term monitoring and successful transition of care from pediatric to adult health services.



Christina Lampe
University Hospital of Giessen (DE)

Inherited Metabolic Disorders: The Role Of Multidisciplinary Teams In Patient And Family Support

This presentation highlights the importance of coordinated, multidisciplinary care in managing inherited metabolic disorders. Attendees will explore the collaborative roles of healthcare professionals across specialties, strategies for supporting the emotional and practical needs of patients and families, and best practices for long-term monitoring and successful transition of care from pediatric to adult health services.

EMERGENCY PEDIATRICS WORKSHOP (EME2)

17:00 - 19:00 Hall **B**

Interactive Workshop



Damian Roland
University of Leicester (UK)



Owen Hibberd
Cambridge University Hospitals NHS Foundation Trust (UK)



Rachael Mitchell
Rachael Mitchell King's College Hospital, London (UK)

Practical Update on Pediatric Emergency Medicine (PEM)

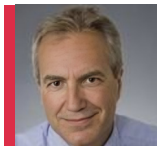
This interactive and fast-paced workshop is designed to challenge and refresh your knowledge in Pediatric Emergency Medicine (PEM) through case-based learning and rapid-fire questions. With a light-hearted yet informative approach, the session reviews high-yield clinical scenarios, highlights common diagnostic pitfalls, and updates participants on the latest evidence-based strategies for managing frequent pediatric emergencies in everyday practice.

17:00 - 19:00 Hall **C** Oral Presentations

ONCOLOGY (ONC2)

09:00 - 11:00 Hall A

Lectures & interactive discussion





Solid Tumours - What the General Paediatrician Needs to Know

Hamish Wallace
Royal Hospital for Sick Children, Edinburgh (UK)

Angela Jesudason
Royal Hospital for Sick Children, Edinburgh (UK)

This presentation equips general pediatricians to recognise early warning signs of solid tumors in children, including subtle, non-specific symptoms that may be easily overlooked. It highlights key red flags in history and examination, outlines appropriate initial investigations, and emphasizes when to refer. The session aims to improve early detection and timely diagnosis to support better outcomes.



Pediatric Brain Tumours- Biological Driven Therapies

Darren Hargrave
Great Ormond Street Hospital (UK)

This presentation examines the key biological features of common pediatric brain tumors currently targeted by specific therapies. It explores examples of biologically driven treatments, detailing their mechanisms of action and clinical benefits. Attendees will also discuss ongoing challenges and future directions in the development and application of these therapies to improve outcomes in pediatric neuro-oncology.



Early Signs And Diagnostic Clues – Leukaemia And Lymphoma

Ajay Vora
Sheffield University and Great Ormond Street Hospital (UK)

This presentation helps clinicians recognise early signs and symptoms that may indicate leukemia or lymphoma in children and adolescents. It outlines key diagnostic clues from initial assessments, including blood tests and physical exams, that warrant further investigation. Attendees will also learn to distinguish between early features of leukemia and lymphoma, while understanding areas of clinical overlap.

MENTAL HEALTH (CMH1)

09:00 - 11:00 Hall B

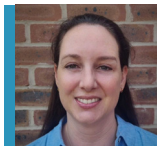
Lectures & interactive discussion



An Overview Of Mental Health In Pediatrics - Evidence, Impact, And Making The Case For Support

Lee Hudson
UCL Institute of Child Health and Great Ormond Street Hospital (UK)

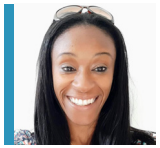
This presentation explores how mental health has become integral to pediatric care, identifying high-risk groups and its impact on common clinical presentations. It highlights how mental health challenges can complicate diagnosis and treatment, increasing overall risk. Attendees will also gain strategies to advocate effectively for investment in pediatric mental health with clinical teams, policymakers, and healthcare managers.



"Can't Eat, Won't Eat". Managing Mental Health Related Nutritional Issues And Crises In The Inpatient And Outpatient Settings For Pediatricians

Sarah Fuller
Northampton NHS Trust (UK)

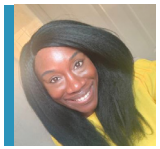
This presentation explores the nutritional risks linked to restricted eating in children with mental health challenges. It highlights practical, reasonable adjustments to support neurodiverse children in improving their eating and drinking in pediatric settings. Attendees will also gain an understanding of the least restrictive approaches to nasogastric feeding under physical restraint, ensuring safe, ethical, and patient-centered care.



Mental health resuscitation : A holistic approach to assessing and managing acute mental health presentations to acute pediatric care settings

Neky Sargant
Bristol Royal Hospital for Children (UK)

This presentation equips clinicians to confidently assess common mental health presentations in acute settings, including emergency rooms, wards, and clinics. It highlights key red flags that signal more serious concerns and offers an overview of moral distress and moral injury experienced by healthcare professionals managing complex cases, along with practical strategies to recognise, mitigate, and address these challenges.



"Some Things Are Normal". Neurodevelopmental Disorders And Anxiety In General And Community Pediatrics

Olatokunbo Sanwo
Cambridge Community NHS Trust UK)

This presentation focuses on recognising features of neurodevelopmental disorders in general and community pediatrics, and how these conditions intersect with routine medical care. It helps clinicians distinguish between typical neurodevelopmental patterns and co-occurring mental health disorders. Attendees will also explore practical strategies to manage neurodevelopmental challenges effectively within general pediatric settings to improve care delivery and patient outcomes.

CLOSING PLENARY (PLE2)

11:00 Hall A



Revolutionising Pediatric Care: Inspiring Change and Shaping the Future of Child Health

Colin Michie
University of Central Lancashire (UK)

This presentation explores innovative models reshaping pediatric healthcare delivery, focusing on improving outcomes and access. Attendees will examine how leadership, advocacy, and effective multidisciplinary collaboration drive meaningful change across systems. The session also looks ahead to future trends and emerging technologies that redefine how we support the health and well-being of children worldwide.